Popcorn Days 5k
Ridgway, IL
September 13, 2013

Race: The course is mostly a flat out and back with one hill each direction.

Time: 6:30 PM (Race day registration begins at 5:30 PM)

Place: Event will begin at the Ridgway Police Department 110 N Crawford St

Awards: Awards for the top finishers overall male and overall female; Awards also to the top 2 in each age group (no duplication of awards). Age groups in male & female: Under 13, 14-19, 20-24, 25-29, 30-34, 35-39, 40-49, 50-59, 60-69, 70+. Each pre-registered entrant in the 5k is guaranteed a T-Shirt.

Pre-Registration: Mail $20 check made payable to Allison Sisk and Form to (by September 6, 2013):
Allison Sisk, Popcorn Days 5k, 11195 Highway 1 Junction, IL 62954.

Registration On day of Event: $25.00 for all applicants on day of event

ENTRY FORM

Male _____ Female _____ Run_____Walk_______ T-Shirt Size: S, M, Lg, XL

Name: ________________________________ Age on Race Day: ________

Address: ______________________________ City: ________________ State: ______ Zip ________

Phone: ______________________________ E-mail: ____________________

For and in consideration of the acceptance of my entry in the Run, I agree and certify that I am physically fit, have sufficiently trained for, and am physically capable to participate in the 3.1 mile event. I understand that participation in this race is an inherently dangerous activity and that risks of participation include, but are not limited to, death and serious bodily injury. I assume all risks associated with participating in this event, including but not limited to, the weather, conditions of the road and other race area surfaces, falls, collisions, motor vehicle traffic, and the conduct of spectators and other runners. For myself, my heirs, my administrators and executors, I hereby forever waive, release and discharge the Popcorn Days Event, the City of Ridgway, IL and all of its various departments and employees and officials including the Popcorn Days Festival, and all race sponsors, officials, participants, organizers, planners, volunteers from any injuries sustained arising out of my association with, entry in, or participation in this road race and any pre-, post-, or other race related activities.

SIGNATURE (PARENT’S SIGNATURE IF UNDER 18 YEARS IN ADDITION TO RUNNER’S SIGNATURE) __________ Date __________