SSS/TRIO began in 1968 as a part of President Lyndon B. Johnson’s War on Poverty. The TRIO Student Support Services program has been providing student services on campus at Southeastern Illinois College since 1991. As we continue our services on the SIC campus, we would like to briefly share important information about TRIO/SSS.

What is TRIO/SSS? TRIO is a federally funded college opportunity program that motivates and support students from a disadvantaged background in pursuit of a college degree. The criteria for acceptance into the program include low-income status, first-generation college student, and students with disabilities.

Why are TRIO Programs Important? The United States needs to boost both its academic and economic competitiveness globally. In order to nurture and sustain a healthy economy as well as compete globally, we need a strong, highly-educated, and competitive workforce.

Sadly, low-income students are being left behind. Only 38% of low-income high school seniors go straight to college as compared to 81% of their peers in the highest income bracket. SSS projects work to enable students to stay in college until they earn their baccalaureate degrees by offering tutoring, counseling, developmental instruction, and much more.

The TRIO/SSS program at Southeastern was funded on the basis of increasing the Graduation and Retention Rates at the 2-year and 4-year institutions. At SIC, our TRIO program takes pride in our objectives:

- 70%+ Persistence
- 85%+ Good Academic Standing
- 35%+ Graduation
- 19%+ Graduation and Transfer

Unfortunately federal funding for TRIO programs was cut 5.1% during the March 2013 Sequestration and instantly 40,000 low-income students lost a chance at earning a college degree. This number is added to the 88,000 students that had already lost access due to prior budget cuts.

“There used to be a time when people didn’t have to go to college to become successful. Society has changed. It’s hard to pick yourself up by the boot straps if you have no shoes. Postsecondary education is the only systematic way out of poverty.” ~ Reggie Jean, President of the New England Educational Opportunity Association.

SIC TRIO is currently funded to serve 156 students. The program is very popular and consistently has a waiting list for admission.

“Promoting Academic Success”
Spring Activities

3rd Annual Welcome Back Subway Social
Thursday, January 16, 10:00 am – 2:00 pm, VPAC

FAFSA Fridays!
Friday, January 17, 24, 31, @ 2:00 pm -4:00 pm, TRIO LAB

SSS/TRIO Grant Aid Scholarship Meetings
Tuesday, January 21, 10am-11am and 2pm-3pm, VPAC
Wednesday, January 22, 11am-12pm and 1pm-2pm, VPAC
Last date to meet with Lolita is Friday, January 24 by 12pm

Study Skills Workshops
Wednesday, January 29, 1:30 pm- 2:30 pm, VPAC
Friday, April 11, 12:30 – 1:30 pm, VPAC

Financial Literacy Workshops
Thursday, January 30, 11:00 am – 12:00 pm, VPAC
Wednesday, March 19, 2:00 pm – 3:00 pm, VPAC

Resume Writing
Thursday, February 13, 2:00 pm – 3:00 pm, TRIO Lab

TRIO Day South
Saturday, February 22, TBA

Interview Skills & Tips Workshop
Jeff McGoy, Assist. Dean of Students @ SIU-C
Wednesday, February 5, 2:00 pm – 3:00 pm VPAC

Stress Management Workshop
Dr. Bric Steward of Steward Chiropractic
Tuesday, March 18, at 11:00 am – 12 pm, VPAC

Spring Cultural Trip
April 5, Details TBA

Transfer Workshop
Tuesday, April 15, 11:30 am – 12:30 pm, VPAC

Transfer Trip: Southeast Missouri State University
Friday, March 28, Departing at 8:00 am

Transfer Trip: Illinois Eastern University
Friday, April 25, Departing at 7:15 am

Honor’s Dessert Reception
Wednesday, April 23,  2:00 – 4:00 pm, VPAC

Pick up TRIO Graduation Stole
May-5-9,  8:00 am – 4:00 pm, E106

Students please see Debbie if you have questions regarding academic advisement, transfer, admission to a university, or financial aid at the university. It is never too early to begin thinking about transfer. Join us for Transfer Tuesdays!

REGISTER FOR SPRING NOW!

The next competition of Supplemental Grant Aid Scholarships will begin in January 2014.

How Do I Qualify?
1. SIC student with 2 semester enrollment in SSS/TRIO
2. Verify FAFSA/Pell Eligibility
3. Letter of Application
4. 2.5 OGPA and 2.5 for the Semester
5. Attendance, Participation, & Completion of Required SSS/TRIO activities
6. Attendance of the Mandatory Grant Aid Orientation Meeting
7. Other requirements as determined by the SSS/TRIO Director

GRANT AID ORIENTATION MEETINGS WILL BE ANNOUNCED VIA SIC EMAIL

GRADUATION MAY 9, 7 PM IN DEATON GYMNASIUM
My name is Khamarri Lindsey. I am a sophomore at Southeastern Illinois College. I am studying to become a BSN as a long term goal, but at the moment I am working on getting accepted into the PN program. I chose nursing as my career field mainly because I am a very compassionate person and I love meeting new people. TRIO Student Support Services have been a very helpful program for me. The TRIO staff are extremely friendly and make you feel like family because they genuinely care about you and what’s going on in your personal life. They strive just as hard as you do to help improve your grades and make sure you reach your goals.

I am a unique and smart person. I enjoy doing new things and with my major in Diesel Tech and Heavy Equipment, I plan on making it happen. I do all that I can to be the best in my field. I plan to work hard every time I do something and get the job done…with a smile😊!!!

Hi, my name’s Alexis Holmes. I’m originally from Marion but I’ve resided in Harrisburg for the past four years now. This is my third semester at SIC and now I’m a TRIO Mentor. I’m majoring in Forestry and I hope to figure out my career in this field soon. I am looking forward to helping out and working hard this semester 😊.

Alexis Holmes
MEN'S BASKETBALL

Jaylen Carter
Malcolm Hughes
Isaiah Thomas
Randell Pickett
Jamar Rivera
Alex Osemwegie
Robert Barnes
James Williams
Jamie Carr
Logan Bell
Alan Long

WOMEN'S BASKETBALL

Anna Best
Nakaila Sheppard
Alexis Jones
Kim Mixen
Teyonna Simmons
Sydney Clark

Lady Falcons in TRIO
GRADUATING IN MAY? TAKE CARE OF BUSINESS!

For those of you that are graduating in May, be sure to apply for graduation as soon as you return for the Spring semester. A graduation ceremony is held in May each year and graduates from all three semesters may participate. However, diplomas are not issued until the semester that graduation requirements are met.

There is a $20 graduation fee that covers the cost of the diploma, diploma cover, cap and gown. Caps and gowns should be ordered in February at the Enrollment Services Offices.

Students MUST apply for graduation and pay the $20 graduation fee whether they plan to attend the ceremony or not.

Don't forget your TRIO Exit Interview!
Meet Our Staff

Lolita L. Mack, TRIO SSS Program Director
252-5400 ext. 2432
lolita.mack@sic.edu
Office: E-120
Provides TRIO students assistance in:
✓ Financial Literacy
✓ Personal Enhancement
✓ Academic Retention

Debbie Suh, TRIO SSS Program Advisor
252-5400 ext. 2433
debbie.suh@sic.edu
Office: E-106
Provides assistance for TRIO students in:
✓ Course schedules
✓ Transfer assistance
✓ Academic advising

Anita Lowery, TRIO SSS Education/Technology Coordinator
252-5400 ext. 2473
anita.lowery@sic.edu
Office: E-106
Provides assistance for TRIO students:
✓ Developmental courses
✓ Tutoring
✓ Technology questions (online courses)
✓ Social networking/Web

Shelly Boots, TRIO SSS Program Specialist
252-5400 ext. 2435
shelly.boots@sic.edu
Office: E-106
Provides assistance for TRIO students:
✓ Student supplies
✓ Lab assistance
✓ TRIO Student Advocate

TRIO SERVICES AVAILABLE

Free Tutoring @ Student Success Center
Academic & Personal Counseling
Career Center
Specialized software
Private Computer Lab
Culture Enrichment Activities
Goal Setting Assistance

Free Printing for Notes & Assignments (Course & Angel)
Study Skills & Personal Development Workshops (online & face-to-face)
Transfer assistance
University Trips
Time Management

Supplemental Grant Scholarships
Peer and Faculty Mentors
Financial Aid & FAFSA Assistance
Financial Literacy Information
Free Developmental Classes
Free Tickets to on campus cultural presentations

Students Improve Through Tutoring!

Don’t Get Left Behind! Get a Tutor Early!
Visit the Student Success Center in A-145 for FREE Tutoring.
See Amy Spivey to sign up!
TRIO STUDENT OF THE MONTH

AUGUST
David McReynolds

SEPTEMBER
Vanessa Landingham

OCTOBER
Khamarri Lindsey

NOVEMBER
Daniel Elmore

DECEMBER
Jose Durbin

TRIO student, Timothy Jefferies of Harrisburg, was recently selected as a member of Southeastern’s Honor Society, Phi Theta Kappa, and was inducted on Nov. 19th.

Congratulations Tim!
S I C T R I O Website: http://www.sic.edu/trio
Information available for:
- What is TRIO?
- SSS TRIO Program Eligibility
- TRIO Program Services
- TRIO Staff Page
- Calendar & Events
- Student Resources

Remain Up-to-Date on TRIO Events With:
TRIO TWITTER PAGE: https://twitter.com/TRIOSIC
TRIO FACEBOOK: https://www.facebook.com/SICTRIO

TRIO LAB E-106 HOURS

SPRING/FALL SEMESTERS:
8am-4:30pm

SUMMER SEMESTER:
7:30am-4:30pm
4 Reasons Not to Expect a Windfall Inheritance From Your Parents

How are economic factors affecting how much money parents can leave their children when they die?

Many economic factors have taken a toll on seniors’ financial security, often reducing the amount they can leave their families. Here’s why you shouldn't expect a windfall when your parents die:

- Fearing a repeat of the Great Recession, many seniors are making safer investments that earn very low interest.
- As average life spans increase, retirement savings must last longer.
- Many help their children and grandchildren pay for high-ticket expenses like home down payments.
- Unless they've purchased long-term care insurance, your parents will likely burn through savings should they require assisted living, which is mostly not covered by Medicare.

Bottom line: With seniors facing increasing financial challenges, don't depend on an inheritance to provide your own financial security.

Invest in your education!

WHY FILE EARLY?

Many programs, including the Illinois MAP Grant, have limited funding, so early application is necessary – file online at www.fafsa.gov.

How Do I File Early?

Estimate! To file early, families may estimate their 2013 income information and then make corrections once 2013 federal taxes are filed. Using end-of-year pay stubs, W-2 forms, or the previous year's tax return can be helpful when estimating tax information.

If this is your (or your parent's) first time filing a FAFSA, you can visit www.pin.ed.gov to obtain your four-digit PIN numbers ahead of time. Your PIN numbers act as your electronic signature when submitting the FAFSA application - by getting your PIN numbers early, you can ensure there will not be a delay in the Federal Processor's receipt of your FAFSA submission.
TRIO WORD SCRAMBLE

Instructions - the first TRIO student to successfully unscramble all 20 words (as listed on our answer sheet) will win a prize. The blanks behind the letters indicate how many words will be made. Use your vocabulary skills to be the first to complete the scramble. Submit to the TRIO Office in E106.

1. aerrsnf (1) _________
2. ienertotn (1) _________
3. shwookpsr (2) ____________
4. cersniuhtgoesillonlaeetl (3) ___________ ___________ _____________
5. agonfsretnieit (2) ____ ______
6. mecloiown (1) _____ _________
7. gaatndirou (1) ____________
8. issdmcaaseuccce (2) _______ ____________
9. vdtmnesiae (1) ____________
10. niniccalayfriael (2) _______ ____________

TRY OUT YOUR MATH SKILLS!
SOUTHEASTERN ILLINOIS COLLEGE
TRIO STUDENT SUPPORT SERVICE PROGRAM
SPRING 2014

3575 COLLEGE ROAD
HARRISBURG, IL 62946
618-252-5400