Student Support Services

**TRIO Spring 2011** 

# **Student Connection**

## **Featuring: Student Mentors**

#### **Paula France**

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Hey everybody! My name is Paula France; I grew up in St. Charles, Mo, near St. Louis. My family and I moved here to start a business of our own. I have 2 beautiful children and 5 grandchildren whom I absolutely adore. I used to be in a really tough situation in life. I struggled with depression, failure, and a bad marriage. I wondered what the purpose of life was. I finally realized that it isn't about me, but what I can do for others. I made the decision to return to school while I was employed at Champion Labs in Albion, IL about three years ago. When they sent part of our product line to China, they gave me the opportunity to go to school.

It was great timing, and I am grateful for the opportunities that I have been given. I know what my purpose is and that I am making some really good friends while I am here. Why am I sharing this with you? You can overcome anything you are facing in your life, no matter what it is. Love others (try to see the good in them, even the annoying ones), give more than you take, learn to let go of past mistakes but learn from them or you will repeat them, don't take life so seriously, laugh every day about yourself and stupid stuff, remove yourself from dangerous relationships (you don't need permission to do that but if you do here it is),



and live your life with passion and purpose every day. If you don't know what to do, talk to someone but make sure it's someone who will give you sound wisdom, not opinion. Everyone has an opinion, but not everyone can offer sound wisdom.

## Lauren Winkleman



I am always interested in learning new things. I even like to try things that I don't expect to be good at. It's just fun to have new experiences. My family is so very important to me, and I seriously value the company of other people. I want to meet as many people as I can in life, because every time you meet a new person, you are given the opportunity to learn things only they know. I love music and singing and believe music is very powerful. It can completely change a person's mood or bring

back VERY old memories. I am a fan of change. Whether it's a hair style or new class at school, it is always good to switch things up. I absolutely love making people laugh. It would be a dream to be a comedian for a living, but I am actually going to be a computer programmer! My goal each day is to make at least one person's day. So, that's me in a nutshell...a very, very small nutshell.



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# **FAFSA (Free Application for Federal Student Aid)**

It is time to fill out your FAFSA for the 2011-2012 school year! Whether you are attending SIC or transferring to another college in the Fall, you will need to renew your financial aid application.

If you are considered an independent student you will just need your tax information. If you are considered a dependant student you will need your tax information and your parent's tax information.

## **SSS Facebook**

Student Support Services has a facebook page! Click "Like" and be able to see what is going on in SSS.
Search for "Southeastern Illinois College Student Support Services TRiO Program" to find our facebook page.





# **Spring Workshops**

## **February**

2<sup>nd</sup>- Are you a Responsible Writer:MLA and APA Formatting.12:30pm-1:30pm in G205

9<sup>th</sup>- Be a Responsible Dresser:

Dress for Success by Karen

Keasler. 12:30pm-1:30pm in

G205

**18**<sup>th</sup>- Making a Responsible Family Budget by Emily Henson.

12:30pm-1:30pm in G205

23<sup>rd</sup> - Motivation by Dr. Sarah

Bond. 12:30pm-1:30pm in G205

#### March

18<sup>th</sup>- Be Responsible and Set Your Goals by Joni Pulliam. 12:30pm-1:30pm in G205 23<sup>rd</sup>- Personal Responsibility for Your Own Health by Amy Murphy. 12:30pm-1:30pm in G205

30<sup>th</sup>- Responsible Time Management Skills. 12:30pm-1:30pm in G205

#### April

6th - Self-Esteem by Donna Patton. 12:30pm-1:30pm in G205
20th - Responsibility (Following Directions-Body Language) by
Tyler Billman. 12:30pm-1:30pm in G205

**29<sup>th</sup>**- Create a Responsible Attitude by Kelly Boyd. 12:30pm-1:30pm in G205