Dr. B. Ted Field, an orthopedic and adult spine surgeon in Anaheim, California, has been selected by members of the Southeastern Illinois College Mu Psi Chapter of the Phi Theta Kappa Honor Society to join Southeastern’s Distinguished Alumni roster.

Originally from Carrier Mills, Field graduated from Southeastern in 1974, Southern Illinois University Carbondale with high honors in 1976, and University of Illinois Chicago School of Medicine, Alpha Omega Alpha Honor Medical Society, in 1980. He continued into orthopedic surgery, interning at McGaw Medical Center in Chicago and completing his residency at Northwestern University. Field was selected as a Leon Wiltse Spine Fellow with the California Spine Surgery Medical Group in Long Beach, California.

Sam Porter, retired chemistry teacher at SIC, remembers the first time he met Field. “Ted was one of three high school seniors who had been awarded presidential scholarships to attend Southern Illinois University at Carbondale as pre-med students. He was the only one to choose SIC over SIU, and it ended up that he was the only one of the three to graduate from medical school.”

More recently, Field helped his former teacher by reviewing MRIs showing damage to Porter’s body caused by injuries. In both cases, Field advised Porter to forgo surgery and to allow the healing process to run its course. “Ted is a surgeon but uses surgery only as a last resort,” said Porter.

Certified by the American Board of Orthopedic Surgeons and Spinal Surgery Second Opinion, Field is a qualified medical examiner, a member of North American Spine Societies, and a Fellow with the American Academy of Orthopedic Surgeons. He has been a clinical instructor in orthopedics at University of Southern California School of Medicine and a member of the chemonucleolysis advisory faculty in Northbrook, Illinois.

Field has served as orthopedic consultant for America’s Marathon in Chicago and as a staff physician for the NBA pre-draft camp. Additionally, he is chairman of the board of directors for Capital Bank in San Juan Capistrano, California and medical director for AdminSure, a third party administrator of liability and workers’ compensation programs.

Field’s work has been published on a variety of topics related to his surgical expertise and research findings.

The SIC Distinguished Alumni Award was presented to Field at the college’s May 11, 2012 commencement ceremony.